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INTERIOR DESIGN NEWSLETTER

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Being an Interior Designer based in Los Angeles, I enjoy the city, however, it is the natural world that inspires me.

To balance the super-charged, fast-paced lives we're all leading, I infuse nature into all my designs because it creates a calming presence and adds warmth and beauty to a room.

Here are three easy ways to accomplish this look in your own home.

THREE WAYS *To Add Nature*



FURNITURE

Furniture made of natural materials will always create a statement in a room. It is the raw aesthetic that speaks to me. The beautiful wood grain and movement in this handmade redwood and steel console table by [Mark Jupiter](#) is a perfect example. You could build an entire room around it and it is functional.



[MARK JUPITER](#)

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The cabinet below is from [Global Views](#) and could stand as the centerpiece of a room. It combines a modern, symmetrical wood structure with the asymmetry of the cast aluminum branches. Bringing this type of inspiration into the home creates a beautiful and stylized connection to the natural world.



[GLOBAL VIEWS](#)

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Should you decide to embrace nature in your design, it doesn't mean you have to forfeit a modern sensibility. *Lapiaz* inspired this unique tables by [Boca Do Lobo](#). The French word is the name given to the karst formations produced by surface dissolution of limestone or dolomite rocks.



Lapiaz Console



Lapiaz Side Table

FABRICS

Textile design delivers outstanding fabrics with naturally inspired motifs and the options are limitless. Color and scale are critical in your choice here and is something I will cover in greater detail in an upcoming blog. For this article, I will show you one artist in particular who does a wonderful job of bringing the outdoors in.



[Lulu DK Collaborations](#) creates some beautiful designs ranging from graphic to painterly to geometric design. I appreciate the choice of textiles, color sense, and their playfulness. Many elements of animal, floral, water and sky can be implemented through fabrics. You can even create seasonal themes that harmonize with your landscape as it changes during the year.



[LULU DK](#)

One of the easiest and most cost-conscious ways to incorporate your appreciation of nature into the room are with pillows. This beautiful budding branch pillow below is from **Global Views** is a great example of clean, sophisticated, nature-inspired design. An interior 'narrative' that promotes a calming effect and promotes well-being.



GLOBAL VIEWS



What do you think about these new fabrics from [Robert Allen@Home](#)? It's a new collection called *Into The Garden*, a new collaboration between British design firm *Madcap Cottage* and Robert Allen.



ROBERT ALLEN

ACCESSORIES

Who can deny the beauty of the animal world? Whether photorealistic or abstract, nothing can define a space better than the right animal. An infinite source of inspiration! The connection with the animal world as stylized motifs goes back to the caves and will always be one of my favorite accents in a room.



[GLOBAL VIEWS](#)

How you connect to the living world around you can be implemented in many ways, even down to the smallest reminder, like a seashell atop of a stack of books. We may not even be cognizant of it but the beauty and charm are undeniable.



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So, next time you see a shell or a rock or even flowers at the local grocer, remember, you too are part of nature and this is why staying close to it adds harmony to our lives.
Kind Regards,
Lauren





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And if you would like my sage design advice and style tips more often than once a month, you can follow my blog, [*Lauren's Style Library*](#). It is my pleasure to share with you.

Best of Houzz - 3 years in a row!



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